

Objective: To learn how to take care of teeth

Overview

- Students will list ways to take care of teeth.

Materials

- Large paper tooth for brainstorming words
- Small tooth-shaped paper
- Books from [Dental Days Reading List](#) such as *The Berenstain Bears Visit the Dentist* (video also available on-line)
- Printout: [The Toothbrush Song](#)
- Printout: [Tooth shape](#)

Directions

- 1) Read one of the books listed on the [Dental Days Reading List](#).
- 2) Using chart paper, list the kinds of teeth, tools, people and behaviors associated with dental care. This will create a web of terms.
- 3) Divide the class into groups.
- 4) Give each group five small tooth-shaped papers.
- 5) Each group should write or draw five actions associated with dental care on their papers (brushing teeth, flossing, going to the dentist, etc.)

Assignment

- Have students tell three facts about dental care.



THE TOOTHBRUSH SONG

**BRUSH, BRUSH, BRUSH YOUR TEETH
BRUSH THEM EVERYDAY
HAPPY, HEALTHY TEETH YOU'LL HAVE
IF IT'S DONE THIS WAY**

**FLOSS, FLOSS, FLOSS YOUR TEETH
FLOSS THEM EVERYDAY
USING THE STRING TO CLEAN BETWEEN
KEEPS THE PLAGUE AWAY**

**CLEAN, CLEAN, CLEAN YOUR TEETH
CLEAN THEM EVERYDAY
YOUR TEETH WILL SPARKLE FOR YEARS TO COME
IN THE MOST BEAUTIFUL WAY**



