## MODULE 1: "TREASURED TEETH"



# I. Module Preparation

- Review the materials in this package as well as the Oral Health Glossary for concepts and terms. The unit is designed to be used in whole or in part, depending on the time available within the classroom. Some activities may take more time or resources than others.
- Additional readings and other resources are noted in the document, "Dental Days Reading List".
- Print, and have parents sign and return the "Sample Letter to Parents" before the start of the Oral Health Curriculum.
- ❖ Print materials to send home: "Smile Care Calendar" and the "Toothbrush Song". The "Smile Care Calendar" is to be returned upon the completion of the unit.
- Contact the NB Dental Society to arrange for a dentist or other dental team member to speak with the class, if possible. Note that this request should be made at least two weeks in advance.

Helpful Hint: Links to materials are listed under "Printouts and Resources" at the end of this document.

New Brunswick Dental Society 520 rue King St. Suite/Bureau 820 Fredericton N.-B. E3B 4Z9 Phone: (506) 452-8575

Email: nbds@nb.aibn.com Website: www.nbdental.com

#### **Question and Answer**

## Q. What makes teeth "important," "valuable" or "treasured"?

A. Have the students brainstorm on what makes something treasured. Ask them to brainstorm about things they treasure and why. Ask them if they treasure their teeth.

### Q. What do we use our teeth to do?

A. Discuss that teeth are important for speaking, eating, talking and smiling.

### **Curriculum Objectives:**

- K.1.2) Describe their own physical changes and unique characteristics
- K.2.2) Identify types of activities that support a healthy lifestyle
- 2.1.3) Describe changes in humans as they grow, and contrast human growth with that of other organisms